## USCG KODIAK DINING FACILITY MENU

## Call Ahead Burgers Made 70 Order

## Aug 31st-Sept 6th

## Galley#907.487.5235

	Breakfast 0630-0800 (M-F)				Lunch 1130-1300 (M-F)				BOX Lunch Order by 12:45			
_	0730-1000 (Sat-Sun-Holiday)				1030-1300 (Sat-Sun-Holiday)				Pickup NLT 1300			
	0630-0800	s/s	cal	fat	1130-1300	s/s	cal	fat	MON-SUN-HOLIDAY	s/s	cal	fat
	2-Eggs to order Oven Fried Bacon & Sausage	2ea 2,1	160 110	12 13	Chicken Cacciatore	6oz	725	16	"BOX LUNCH MENU"			
м	Chef's Potato Choice	1srv	170		Grilled Salami, Pepperoni, Cheese Sandwich	6oz	875	24	ChoiceOf:	1	475	18
O N	Waffles w/Butter & Syrup Every Monday: Biscuits N Gravy (:	1,2	180	15	Garlic Roasted Potatoes Diced Tomato Basil Pasta	5 5	255 230	15 21	Tuna, Chicken Salad or Ham, w/lettuce/toamto/cheese	1 4oz	140 45	8 3
D	Every Monday, Discuits N Gravy (.	1,2 60Z	130	5	Garlic Bread	5	85	6	On Sliced Bread	402	40	3
Α	Hot Breakfast Cereal				SOUP: Zuppa Toscana				Apple & Orange	1ea	160	0
Y	Assorted Cereals, Breads Yogurt	1srv	200	10	Seasoned Vegetables Chef's Choice Vegetable	1	90	3	Dessert Choice Fountain Drinks:			
	Fresh Fruit				Salad Bar w/ Assorted Dressings			Ŭ	Juices, Sodas, Coffee or Cold Teas			
	Coffee/Tea/Juice/Milk	0	400	40	Coffee/Tea/Milk ******Mexican******				Dev 9 states has			
	2-Eggs to Order Oven Fried Bacon	2ea 2,1	160 110	12 13	Chicken Tacos	6oz	750	15	Pay & pick up by 1300			
Т	Corn Beef Hash (:	1srv	175	10	Beef Enchiladas	6oz	825	31		1	550	29
UE	Chef's Choice Potato Pancakes w/Butter & Syrup	2,3	180	15	Spanish Rice Beans	### 5	110 275	2 1		1 4oz	140 45	8 3
s	Hot Breakfast Cereal	6oz	150	25	SOUP: Latin Corn Chowder	5	85	6		1		
D	Assorted Cereals, Breads	1srv	200	10	Seasoned Vegetables	5				1ea	160	0
Ŷ	Yogurt Fresh Fruit	1510	200	10	Chef's Choice Vegetable	1ea	60	4				
	Coffee/Tea/Juice/Milk				Salad Bar w/Assorted Dressings							
H	2-Eggs to Order	2ea	160	12	Coffee/Tea/Milk	$\vdash$				$\vdash$		-
w	Oven Fried Bacon	2,1	110	13	BBQ Pulled Pork on a bun	6oz	675	14	Vegetarian Options:	'		
E	Breakfast Sausage	1srv	175	10	Pineapple Ham Grilled Chicken	6oz	850	20		1	540	18
D N	Chef's Potato Choice French Toast w/Butter & Syrup	2,3	180	15	Baked Beans Mac and Cheese	5 5	220 325	10 19	Made To Order Upon Request	1	140 45	8 3
E	Hot Breakfast Cereal	2,3 60Z	110	0	Corn Bread	э 0.5	325 125	19	Original Veggie Garden Burger	4oz 1	45	3
s	Assorted Cereals, Breads				SOUP: Vegetable Beef	5				1ea	160	0
D	Yogurt	1srv	200	10	Seasoned Vegetables Chef's Choice Vegetable	1ea	110	3	Call ahead and we'll have it ready for any pick up time	1		
Y	Coffee/Tea/Juice/Milk				Salad Bar w/ Assorted Dressings							
	Breakfast Hours 7:30-10:00	2ea	160	12	Coffee/Tea/Milk							
т	Oven Fried Bacon	2,1	110	13	Sweet and Sour Chicken	1ea	675	26				
H U	Grilled Ham Chef's Potato Choice	1srv	170	9	Teriyaki Meatballs Steamed White Rice	5 5	450 115	18 4	Feed back: We love feedback and hearing any	1	515 140	21 8
R	Pancakes w/Butter & Syrup	2,1	180	15	Sweet Chilli Potatoes	5	185	9	menu item ideas you'd like to see	4oz	45	3
s	Hot Breakfast Cereal	6oz	150	25	SOUP:	5	80	6	offerred.	1		
D A	Assorted Cereals, Breads Yogurt	1srv	200	10	Seasoned vegetables	5			Please use the comment box located outside the dish drop area.	1ea	160	0
Y	Fresh Fruit				Chef's Choice Vegetable							
	Coffee/Tea/Juice/Milk				Salad Bar w/Assorted Dressings Coffee/Tea/Milk				Thank You			
	2-Eggs to Order	2ea	160	12								
F	Oven Fried Bacon Corned Beef Hash (:	2,1 1srv	110 180	13 10	Prime Rib	6oz 6oz	475 550	15 21		1	465	22
R	Waffles w/Butter & Syrup	1510	100	10	Scalloped Potatos	5	275	19		1	140	8
I	Chef's Potato Choice	1,3	180		Penne Pasta W/ Sun Dried Tomato Sauce	5	275	19		4oz	45	3
D A	Hot Cereal, Assorted Cereal, Bread	6oz	110	0	SOUP: Seafood Chowder	5 5				1 1ea	160	0
Y	Yogurt	1srv	200	10	Seasoned Vegetables							
	Fresh Fruit Coffee/Tea/Juice/Milk				Chef's Choice Vegetable Salad Bar w/Assorted Drressings	1ea	110	6				
					Coffee/Tea/Milk							
s	2-Eggs to Order	2ea 2,1	160 110	12 13	Crispy BBQ Wings (6 pieces)	6oz	575	21				
Α	Oven Fried Bacon	1srv	180	10	Egg Salad Sandwhiches	6oz	455	17		1	625	17
T U	Grilled Ham Pancakes & Waffles w/Butter & Syrup	1srv 1,2	205 180	15 15	Potato Salad W/Boiled Egg Mac N Cheese	5 5	275 325	19 19		1 4oz	140 45	8 3
R	Chef's Choice Potato	6oz	130	5	Mac I Cheese	5	65	5		1		
D	Hot Breakfast Cereal	10-1	200	10	Second Verstehler	5				1ea	160	0
A Y	Assorted Cereals, Breads Yogurt	1srv	200	10	Seasoned Vegetables Chef's Choice Vegetable	1ea	100	4				
	Fresh Fruit				Salad Bar w/ Assorted Dressings							
$\vdash$	Coffee/Tea/Juice/Milk	2ea	160	12	Coffee/Tea/Milk	$\vdash$						-
		2,1	110	13	Bao Bun with Beef	6oz	625	27				
S U	2-Eggs to order Oven Fried Bacon & Sausage	1srv	190	14	Pork Loin W/ Gravy & Onions Fluffy Buttery Whipped Mashed Potatoes	6oz 5	275 235	12 18		1	225 140	12 8
Ν	Chef's Potato Choice	2,3	180	15	Onion Rings	5	275	14		4oz	45	3
D	Breakfast Sausage	6oz	150	25		5 5	85	8		1	160	0
Y	Pancakes & Waffles w/Butter & Syrup Hot Cereal, Assorted Cereals, Breads	1srv	200	10	Seasoned Vegetable	ິ 				1ea	100	
	Yogurt				Chef's Choice Vegetable	1	100	4				
	Fresh Fruit Coffee/Tea/Juice/Milk				Salad Bar w/Assorted Dressings Coffee/Tea/Milk							
	E KODIAK ALA								0	12	SV	ঌ
10					d fat nutritional facts are based on 4oz				s Z	5 ATES	-OVSI	N
	for meat, and 1/2 to 1 cup portions for vegetables and starches.											A
-					Listed below are the recommended daily caloric				(e	2175	200	1
Ų	OCT ADDIN SUPPORT				and fat calorie intakes:				L	4		
V	AVG ADULT FEMALE				AVG ADULT MALE				VERY ACTIVE ADULT	5	10	
V	CAL 1600 - FAT CAL 99								CAL 3200 - FAT 306	5	E	
					AVG ADULT MALE						5	